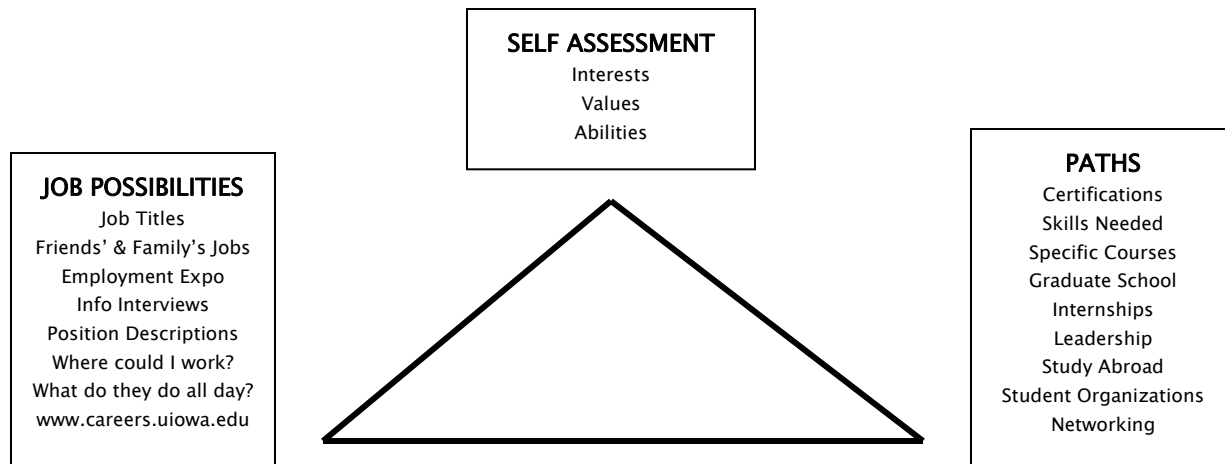


How Do I Know What I Want To Be When I Grow Up?



Research these three areas to know what type of career you are looking for:

SELF ASSESSMENT, JOB POSSIBILITIES and THE PATHS to those jobs.

SELF

Identifying your own interests, values, and abilities is one part to finding solutions to your career puzzle.

- What occupational areas interest me?
- What do I value in the work I want to accomplish?
- What are my skills and experiences that could add value to an organization?
- What type of environment do I see myself working in?
- What am I good at doing already and what do I want to learn to do well?
- Where do I want to live and work geographically?
- How much education and training do I want to complete?

JOB POSSIBILITIES

Broaden awareness of jobs that currently exist in the world and areas of probable growth. Talk with people you know who enjoy their jobs. Have conversations about the work of relatives, friends of your parents, and parents of your friends. Investigate what people do with majors that interest you and in fields that are unfamiliar to you. Starting salaries and salary potential for a variety of position and industries can be researched using the Pearson library and some of the following on-line resources:

- The Pomerantz Career Center website (<http://www.careers.uiowa.edu/>)
- The Occupational Outlook Handbook (<http://stats.bls.gov/oco>)
- O*NET (<http://online.onetcenter.org/>)
- Salary.com (http://www.salary.com/home/layoutscripts/homl_display.asp)
- eDiscover (<http://webapps01.act.org/eDISCOVER/>) You can obtain a username and password by visiting the Pomerantz Career Center and speaking with a Career Advisor.

THE PATH

How do you get there from here? What skills are needed? What courses? What degrees? There are additional ways in which you can test drive your career to acquire more information about a career area of interest.

- Volunteer for a local organization. Volunteer opportunities can be found at (www.10000hours.org)
- Join a student organization and hold an office
- Participate in part-time or summer experiences that relates to a career area of interest
- Find and internship and/or study abroad
- Network with individuals working in a particular field